Reflections Toward

Ministries of Belonging



I. Access

- Have young adults with IDD been invited?
- How can you prepare a space that is welcoming?
- Who do you know?

2. Inclusive Programming

- Is your ministry event accessible?
- How can you provide support to those with IDD who are attending if it is needed?

3. Consistency

- Do young adults with IDD know what to expect?
- Who is showing up regularly?
- Who is not showing up? Why?

4. Person to Person

- What **specific** supports do young adults with IDD in your parish need?
- What **gifts** do young adults with IDD in your parish have to offer?
- How can you foster relationships outside of ministry events?

5. Listening and Patience

- Have you listened to what young adults with IDD in your parish are asking for?
- Have you prioritized the **results** or the **ministry**?
- What is the pace of your event?

6. Celebration

- What is worth **celebrating**?
- Have you taken stock of the successes?
- Is celebration a regular theme in your ministry work?

7. Leadership Opportunities

- Where can young adults with IDD be invited to **lead**?
- How will giving young adults with IDD leadership opportunities help extend the reach of your ministry?